



NEWS RELEASE

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Media Contact:
Ailis Wolf
awolf@veandco.com
301-836-1516 x7
@VEandCo

Ingleside at King Farm Names New Executive Director

Christine L. Podles Brings Expertise in Person-Centered Care and Business Development to Rockville-based Continuing Care Retirement Community

Rockville, Md. – Ingleside at King Farm, a premier senior living community located in Rockville, Md. and one of three not-for-profit Ingleside communities in the Washington, D.C. metropolitan area, announces the addition of Christine L. Podles, a leader and business professional with more than 20 years of experience in the senior living industry, as executive director.

Podles will be responsible for overseeing the operations of Ingleside at King Farm to provide: exceptional resident care and services; sustained resident, family, and employee satisfaction; staff development; operational efficiency; compliance; and strong financial results.

“Christine L. Podles has the management experience and leadership qualities needed to take Ingleside at King Farm to the next level of operations,” said Ingleside President and CEO Lynn O’Connor. “Her impressive credentials combined with her thoughtful nature and experience implementing a person-centered care and service model makes her the perfect match for Ingleside at King Farm.”

Before joining Ingleside, Podles spent more than 16 years at Catholic Charities in Baltimore, where she was responsible for managing the daily operations of The Neighborhoods at St. Elizabeth, a rehabilitation and skilled nursing center, and overseeing The Green House Residences, an innovative cultural change project in physical rehabilitation, skilled nursing and long-term care.

Podles has more than 20 years of experience as a Licensed Nursing Home Administrator. Her background includes a Masters of Arts degree from the Erickson School for the Management of Aging Services and a bachelor’s degree in communication and marketing from Bradley University in Peoria, Illinois. She was also the recipient of the Lifespan Golden Award for outstanding quality of care and service.

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About Ingleside at King Farm

Ingleside at King Farm is a senior living community located in Rockville, Md. and is a member of the Ingleside family of communities. The not-for-profit continuing care retirement community provides residents independent living, assisted living, skilled nursing, memory care and rehabilitation services. Residents can engage in a wide variety of wellness and lifelong learning opportunities and access a broad range of services and amenities. Ingleside at King Farm offers a signature cultural arts program. For more information, visit www.inglesideatkingfarm.org.