

# LIFE ENRICHMENT CALENDAR

## ASSISTED LIVING

### DECEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Abbreviation Codes:</b></p> <p><u>Harmony Hall</u> (HH) <u>Parlor Lounge</u> (PL) <u>Jefferson Park</u> (JP)</p> <p><u>Multipurpose Room</u> (MPR) <u>Activity Room</u> (AR) <u>Lincoln Grove</u> (LG)</p>					<p>10:30AM <i>Reflections</i> Editorial Meeting (AL Library) <b>1</b></p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>2:00PM Employee Holiday Appreciation Party (PL)</p> <p>6:15PM <i>Great Performances: Indecent</i> (PL)</p> <p>7:45PM <i>Shabbat Shalom</i> (Chapel)</p>	<p>11:00AM Movement w/ Gail (PL) <b>2</b></p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:30PM <i>Matinee Movie: The Meddler</i> (PL)</p> <p>3:00PM LIVE at IKF: <i>Sunshine Music Group</i> (MPR)</p> <p>6:15PM Saturday Evening Concert featuring: <i>Bernard Kellet</i> (PL)</p>
<p>11:00AM Beading w/ Feradeh (HH) <b>3</b></p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Pokeno w/ Feradeh (HH)</p> <p>4:30PM <i>Vesper's Service</i> (MPR)</p> <p>6:15PM <i>Evening Movie: Beyond The Sea</i> (PL)</p>	<p>11:00AM Morning Fitness w/ Cody (PL) <b>4</b></p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>3:00PM <i>Catholic Mass</i> (Chapel)</p> <p>3:30PM Monday Manicures w/ Denise (HH)</p> <p>6:15PM <i>Evening Movie: The Green Mile</i> (PL)</p> <p>7:30PM IKF LIVE: <i>Blue Jazz Trio</i> (MPR)</p>	<p>11:00AM Morning Fitness w/ Sharon (PL) <b>5</b></p> <p>11:30PM <i>Communion</i> (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:00PM Pet Visits w/ Tinkerbelle</p> <p>2:30PM <i>Matinee Movie: Body Heat</i> (PL)</p> <p>6:15PM <i>Evening Movie: Radio</i> (PL)</p>	<p>10:30AM Pet Visits w/ Chloe <b>6</b></p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM January Trip Planning w/ Feradeh (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM Afternoon Concert featuring: <i>Kevin James</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>4:45PM <i>Dinner Trip: Nantucket's Reef</i></p> <p>6:15PM Popcorn &amp; Movie: <i>Love Actually</i> (PL)</p>	<p>9:30AM Coffee &amp; Chat w/ Christine (701 Lounge) <b>7</b></p> <p>10:00AM Group Drumming w/ Sara (PL)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>6:15PM <i>Holiday Movie: Elf</i> (PL)</p>	<p>10:00AM Pet Visits w/ Ivy <b>8</b></p> <p>10:30AM <i>Reflections</i> Editorial Meeting (AL Library)</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:30PM 7th Floor Resident Council Meeting (PL)</p> <p>2:30PM Afternoon Bridge (PL)</p> <p>6:15PM <i>Great Performances: In The Heights: Chasing Broadway Dreams</i> (PL)</p>	<p>11:00AM Movement w/ Sharon (PL) <b>9</b></p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>2:30PM <i>Matinee Movie: The Women's Balcony</i> (PL)</p> <p>6:15PM Saturday Evening Musical featuring: <i>The Wind In The Willows</i> (PL)</p>
<p>10:00AM Music For Wellness w/ Sara (AL Library) <b>10</b></p> <p>10:45AM Art Talk w/ Edith featuring: <i>19th Century French Art</i> (PL)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>2:00PM IKF LIVE: <i>Suzuki Music School Holiday Concert</i> (MPR)</p> <p>2:30PM Trombone Studio (PL)</p> <p>3:00PM Afternoon Session w/ Denise (PL)</p> <p>4:30PM <i>Vesper's Service</i> (MPR)</p> <p>6:15PM <i>Evening Movie: The Horse Whisperer</i> (PL)</p>	<p>10:30AM Pet Visits w/ Dylan <b>11</b></p> <p>11:00AM Morning Fitness (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>3:00PM <i>Catholic Mass</i> (Chapel)</p> <p>3:30PM Monday Manicures w/ Feradeh (HH)</p> <p>6:15PM <i>Monday Movie: Cat On A Hot Tin Roof</i> (PL)</p>	<p>Hanukkah <b>12</b></p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30PM <i>Communion</i> (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:00PM IKF Resident Council Meeting (MPR)</p> <p>2:00PM Pet Visits w/ Tinkerbelle</p> <p>2:30PM <i>Matinee Movie: Belle</i> (PL)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p>	<p>Hanukkah <b>13</b></p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM Afternoon Concert: <i>Randy the Windtalker</i> (PL)</p> <p>3:30PM Pokeno w/ Feradeh (HH)</p> <p>6:00PM <i>Winter Lights Drive at Seneca Creek State Park</i></p> <p>6:15PM Popcorn &amp; Movie: <i>Joy</i> (PL)</p> <p>7:30PM Hanukkah Lighting featuring: <i>Lox &amp; Vodka</i> (MPR)</p>	<p>Hanukkah <b>14</b></p> <p>10:00AM Group Drumming w/ Sara (PL)</p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM <i>Men &amp; Women's Holiday Lunch</i> (Bistro)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM <i>Holiday Movie: A Christmas Story</i> (PL)</p> <p>7:00PM Pet Visits w/ Libby &amp; Finnegan</p>	<p>Hanukkah <b>15</b></p> <p>10:30AM <i>Reflections</i> Editorial Meeting (AL Library)</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:45AM <i>Lunch Trip: The Melting Pot</i></p> <p>2:00PM Afternoon Bridge (PL)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM <i>Great Performances: Simple Gifts</i> (PL)</p> <p>7:45PM <i>Shabbat Shalom</i> (MPR)</p>	<p>Hanukkah <b>16</b></p> <p>11:00AM Movement w/ Gail (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:30PM <i>AL/IL Social</i> (Harmony Hall)</p> <p>2:30PM <i>Matinee Movie: A Dog's Purpose</i> (PL)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM Saturday Evening Concert featuring: <i>Zhenya Zianouka</i> (PL)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Hanukkah <b>17</b></p> <p>10:00AM Music for Wellness w/ Sara (AL Library)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>4:30PM Vespers Service (MPR)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM Evening Movie: <i>The Way We Were</i> (PL)</p>	<p>Hanukkah <b>18</b></p> <p>11:00AM Morning Fitness w/ Cody (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>3:00PM Catholic Mass (Chapel)</p> <p>3:30PM Monday Manicures w/ Denise (HH)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM Evening Movie: <i>Grumpy Old Men</i> (PL)</p>	<p>Hanukkah <b>19</b></p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30PM Communion (PL)</p> <p>11:45AM Holiday Carolers</p> <p>2:00PM Pet Visits w/ Tinkerbelle</p> <p>2:00PM Director's Reception (MPR)</p> <p>2:30PM Matinee Movie: <i>Gold</i> (PL)</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM Evening Movie: <i>Grumpier Old Men</i> (PL)</p> <p>7:00PM Pet Visits w/ Libby &amp; Finnegan</p>	<p>Hanukkah <b>20</b></p> <p>11:00AM Morning Fitness (PL)</p> <p>2:00PM Parkinson's Support Group (Chapel)</p> <p>1:30PM Brass Trio (HH)</p> <p>2:30PM Documentary Screening w/ Werner Schumann featuring: <i>Of Time &amp; The City</i> (PL)</p> <p>5:15PM Holiday Carolers</p> <p>5:30PM Hanukkah Lighting (Atrium)</p> <p>6:15PM Popcorn &amp; Movie Night: <i>The Butler</i> (PL)</p>	<p>9:30AM Coffee &amp; Chats w/ Christine (701 Lounge)</p> <p>10:00AM Christmas Caroling w/ Sara (PL)</p> <p>11:00AM Morning Fitness (PL)</p> <p>3:45PM Bridge w/ Helen (AL Library)</p> <p>6:15PM Holiday Movie: <i>A Christmas Carol</i> (PL)</p> <p>7:30PM IKF LIVE: <i>Thomas Pandolfi</i> (MPR)</p>	<p>10:00AM Pet Visits w/ Ivy</p> <p>10:30AM Reflections Editorial Meeting (AL Library)</p> <p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>6:15PM Great Performances: <i>Making A New American Nutcracker</i> (PL)</p>	<p>11:00AM Movement w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>2:30PM Matinee Movie: <i>White Christmas</i> (PL)</p> <p>6:15PM Saturday Evening Musical featuring: <i>Holiday Inn</i> (PL)</p>
<p>11:00AM Morning Game w/ Denise (PL)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Christmas Eve Service w/ Chaplain Richard (PL)</p> <p>4:30PM Vesper's Service (MPR)</p> <p>6:15PM Evening Movie: <i>Ray</i> (PL)</p> <p>7:30PM Christmas Eve Service (MPR)</p>	<p><b>CHRISTMAS 25</b></p> <p>11:00AM Pet Visits w/ Finnegan &amp; Libby</p> <p>11:45AM Christmas Brunch (Bistro)</p> <p>3:15PM Christmas Concert featuring: <i>Frank Cassel</i> (PL)</p> <p>6:15PM Holiday Movie: <i>Miracle on 34th St.</i> (PL)</p>	<p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30PM Communion (PL)</p> <p>1:45PM Beading w/ Feradeh (HH)</p> <p>2:00PM Pet Visits w/ Tinkerbelle</p> <p>2:30PM Matinee Movie: <i>Pal Joey</i> (PL)</p> <p>6:15PM Evening Movie: <i>Sling Blade</i> (PL)</p>	<p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>1:45PM Friendly Visits w/ Feradeh</p> <p>2:30PM Wednesday Performance featuring: <i>TBA</i> (PL)</p> <p>6:15PM Popcorn &amp; Movie Night: <i>The Help</i> (PL)</p> <p>7:00PM Pet Visits w/ Finnegan &amp; Libby</p>	<p>11:00AM Morning Fitness (PL)</p> <p>11:30AM Morning Game w/ Denise (PL)</p> <p>3:45PM Afternoon Bridge (AL Library)</p> <p>6:15PM Holiday Movie: <i>It's A Wonderful Life</i> (PL)</p>	<p>11:00AM Morning Fitness w/ Sharon (PL)</p> <p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:00PM Afternoon Bridge (PL)</p> <p>6:15PM Great Performances: <i>Riverdance Live from NYC</i> (PL)</p>	<p>11:30AM Morning Game w/ Feradeh (PL)</p> <p>2:30PM Matinee Movie: <i>The Glass Castle</i> (PL)</p> <p>6:15PM Saturday Evening Concert featuring: <i>Diana Pieper</i> (PL)</p>
<p><b>NEW YEARS EVE 31</b></p> <p>11:00AM Beading w/ Feradeh (HH)</p> <p>11:45AM Lunch Buffet (Bistro)</p> <p>3:00PM Pokeno w/ Feradeh (HH)</p> <p>4:30PM Vesper's Service (MPR)</p> <p>6:15PM New Year's Eve Concert featuring: <i>Mark Hanek</i> (PL)</p>						

Please note that life enrichment programs and program content are subject to change. Please refer to daily listing for Large Print version of schedule.  
If you have any questions, please contact the Life Enrichment Staff: Kate, Feradeh, Denise, or Sara at 240-499-9059, 240-499-9267 or 240-499-9067