




LIFE ENRICHMENT CALENDAR

LINCOLN GROVE

DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Abbreviation Codes: <u>Harmony Hall</u> (HH) <u>Parlor Lounge</u> (PL) <u>Jefferson Park</u> (JP) <u>Multipurpose Room</u> (MPR) <u>Chapel</u> (Chapel) <u>Lincoln Grove</u> (LG)							1 10:00 AM Movement w/ Gail (LG) 10:30 AM Green Thumbs w/ Lindsay (LG) 11:00 AM Movement w/ Gail (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:30 PM Matinee Movie: <i>About Time</i> (PL) 3:00 PM Sensory Spa w/Lindsay (JP) 6:15 PM Evening Concert ft.: <i>Susan Jones</i> (LG)
HANNUKAH 2 9:45 AM Morning Visits w/ Lindsay (JP) 11:00 AM Sunday Worship w/ Richard (LG) 11:45 AM Sunday Brunch (Bistro) 2:00 PM Ted Talks w/ Lindsay (PL) 3:00 PM Manicures w/ Lindsay (JP) 4:00 PM Menorah Lighting w/ Lindsay (HH)	HANNUKAH 3 10:00 AM Dance and Movement w/ Denise (JP) 10:30 AM Art Therapy w/ Annie (LG) 10:30 AM Pet Visits w/ Devota (All) 11:00 AM Morning Fitness w/ Cody (PL) 11:30 AM Crossword Puzzle Challenge w/ Denise (PL) 2:00 PM Afternoon Prayer w/ Denise (JP) 3:00 PM Manicures w/ Denise (HH) 4:00 PM Mindfulness Monday (PL) 4:15 PM Menorah Lighting w/ Denise (HH) 6:15 PM Monday Movie: <i>The Soloist</i> (PL)	HANNUKAH 4 10:00 AM Holiday Card Making for the VA w/ Goddard School (JP) 11:00 AM Baking w/ Denise: <i>Buttery Cranberry Cake</i> (JP) 11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Communion (LG) 12:00 PM Afternoon Visits w/ Ashley (LG) 2:00 PM Friendly Visits w/ Ashley (LG) 2:30 PM Matinee Movie: <i>The Mountain Between Us</i> (PL) 4:30 PM Menorah Lighting w/ Sara (PL) 5:00 PM Evening Music w/ Sara (JP) 6:15 PM Pick Your Own Movie (PL)	HANNUKAH 5 10:00 AM Friendly Visits w/ Sara (LG) 11:00 AM Music & Movements w/ Sara (LG) 11:00 AM Morning Fitness w/ Cody (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:00 PM Sharing Stories w/ Denise: <i>A Day in the Snow</i> (JP) 2:30 PM Singing w/ Sara: <i>Holiday Favorites</i> (PL) 3:30 PM Open Art Studio w/ Denise: <i>Watercolor Mittens</i> (JP) 4:30 PM Menorah Lighting w/ Sara (HH) 5:00 PM Evening Visits w/ Sara (JP) 6:00 PM Trip: <i>Winter Lights Drive</i> *sign-up required 6:15 PM Popcorn & Movie Night: <i>Blood Diamond</i> (PL)	HANNUKAH 6 10:00 AM Group Drumming w/ Sara (PL) 10:45 AM Reminiscence w/ Lindsay (JP) 11:00 AM SNF Resident Council (LG) 11:00 AM Morning Fitness w/ Cody (PL) 11:30 AM Brain Games w/ Lindsay (PL) 2:00 PM Afternoon Concert ft.: <i>Peggy Murphy</i> (JP) 2:15 PM Friendly Visits w/ Ashley (LG) 3:30 PM Music & Memories w/ Sara (LG) 3:30 PM Creative Arts w/ Ashley (HH) 4:30 PM Menorah Lighting w/ Sara (HH) 5:00 PM Evening Visits w/ Sara (JP) 6:15 PM Evening Music: <i>Riverdance</i> (PL)	HANNUKAH 7 10:00 AM Sensory Spa w/ Denise (JP) 10:00 AM Pet Visits w/ Koby (ALL) 11:00 AM Music & Movement w/ Sara (LG) 11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Crossword Puzzle Challenge w/ Lindsay (PL) 2:00 PM Songs for the Senses w/ Sara (JP) 3:30 PM Shabbat Visits w/ Denise (LG) 4:30 PM Menorah Lighting w/ Sara (HH) 6:00 PM Evening Music w/ Sara (LG) 6:15 PM Evening Movie: <i>Audie Murphy</i> (PL)	HANNUKAH 8 10:00 AM Movement w/ Sharon (LG) 10:30 AM Morning Greeting w/ Denise (JP) 11:00 AM Movement w/ Sharon (PL) 11:30 AM Morning Game w/ Denise (PL) 1:30 PM AL/IL Ice Cream Social (HH) 2:30 PM Matinee Movie: <i>Laws of Attraction</i> (PL) 6:15 PM Evening Concert ft.: <i>Jan Holland</i> (JP) 4:00 PM Menorah Lighting w/ Sara (HH) 6:15 PM Evening Movie: <i>The Italian Job</i> (PL)	
HANNUKAH 9 10:30 AM Pet Visits w/ Macy (All) 11:00 AM Sunday Worship w/ Richard (LG) 11:45 AM Sunday Brunch (Bistro) 2:00 PM Pokeno w/ Denise (HH) 3:00 PM Manicures w/ Denise (JP)	HANNUKAH 10 10:15 AM Pet Visits w/ Dylan (ALL) 10:45 AM Leisure Mornings w/ Lindsay (JP) 11:00 AM Morning Fitness w/ Cody (PL) 11:30 AM Crossword Puzzle w/ Lindsay (PL) 1:45 pm Manicures w/ Lindsay (HH) 3:00 PM Catholic Mass (Chapel) 4:00 PM Sensory Spa w/ Lindsay (JP) 4:00 PM Mindfulness Monday (PL) 6:15 PM Monday Movie: <i>Because I Said So</i> (PL)	HANNUKAH 11 10:30 AM Bright Eyes w/ Lindsay (LG) 11:00 AM Baking w/ Denise: <i>Crisp Peppermint Cookies</i> (JP) 11:30 AM Communion (LG) 2:00 PM Friendly Visits w/ Ashley (LG) 2:00 PM Pet Visits w/ Tinkerbelle & Flop (ALL) 2:30 PM Matinee Movie: <i>Black Klansman</i> (PL) 3:30 PM Afternoon Session w/ Ashley (JP) 5:00 PM Evening Visits w/ Sara (JP) 6:00 PM Evening Music w/ Sara (JP) 6:15 PM Pick Your Own Movie (PL)	HANNUKAH 12 10:00 AM Friendly Visits w/ Sara (LG) 11:00 AM Music & Movement w/ Sara (LG) 11:00 AM Morning Fitness w/ Sharon (PL) 2:30 PM Afternoon Concert ft.: <i>Barbara Murry</i> (PL) 2:30 PM Friendly Visits w/ Sara (LG) 2:30 PM Sharing Stories w/ Denise (JP) 3:00 PM Beading w/ Denise (HH) 3:30 PM Open Art Studio w/ Denise (JP) 4:45 PM Dinner Trip: <i>Clyde's Tower Oak Lodge</i> *sign-up required 5:00 PM Evening Visits w/ Sara (LG) 6:15 PM Popcorn & Movie Night: <i>Tully</i> (PL)	HANNUKAH 13 10:00 AM Composer Spotlight w/ Sara ft.: <i>Tchaikovsky's 'The Nutcracker'</i> (PL) 10:45 AM Dance & Movement w/ Denise (JP) 11:00 AM Morning Session w/ Ashley (LG) 11:00 AM Morning Fitness w/ Cody (PL) 2:30 PM Afternoon Concert ft.: <i>Jesse Palidofsky</i> (JP) 2:15 PM Friendly Visits w/ Ashley (LG) 3:00 PM Little Dirt Won't Hurt Gardening w/ Denise (JP) 3:15 PM Creative Arts w/ Ashley (HH) 3:30 PM Music & Memories w/ Sara (LG) 5:00 PM Evening Music w/ Sara (JP) 6:15 PM Evening Movie: <i>Particle Fever</i> (PL)	HANNUKAH 14 10:00 AM Sensory Spa w/ Denise (JP) 11:00 AM Morning Fitness w/ Sharon (PL) 11:00 AM Clarksburg High School Carolers (Atrium) 1:30 PM Pet Visits w/ Mila (LG) 2:00 PM Songs for the Senses w/ Sara (JP) 3:30 PM Shabbat Visits w/ Denise (LG) 6:00 PM Evening Music w/ Sara (LG) 6:15 PM Evening Movie: <i>The Rider</i> (PL)	HANNUKAH 15 10:30 AM Green Thumbs w/ Lindsay (LG) 11:00 AM Movement w/ Gail (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:30 PM Matinee Movie: <i>I Feel Pretty</i> (PL) 3:00 PM Sensory Spa w/ Lindsay (JP) 6:15 PM Evening Concert ft.: <i>Diana Pieper</i> (PL)	

Please note that Life Enrichment program times and program content are subject to change. Please refer to daily listing for Large Print version of schedule. If you have any questions, please contact the Life Enrichment Staff: Kate, Denise, Sara, Lindsay at (240)-499-9059, (240)-499-9267, or (240)-499-9067.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16</p> <p>10:00 AM Morning Music w/ Sara (JP) 10:30 AM Pet Visits w/ Macy</p> <p>11:00 AM Sunday Worship w/ Sara & Richard (LG)</p> <p>11:45 AM Sunday Brunch (Bistro)</p> <p>2:00 PM TED Talks w/ Lindsay (PL) 3:15 PM Friendly Visits w/ Sara (LG) 4:00 PM Songs for the Senses w/ Sara (JP) 5:30 PM Evening Music w/ Sara (LG)</p>	<p>17</p> <p>10:00 AM Dance & Movement w/ Denise (JP) 10:30 AM Pet Visits w/ Devota (All) 11:00 AM Morning Fitness w/ Cody (PL) 11:30 AM Crossword Puzzle w/ Denise (PL) 2:00 PM Afternoon Prayer w/ Denise (JP) 3:00 PM Catholic Mass (Chapel) 3:30 PM Manicures w/ Denise (HH) 6:15 PM Monday Movie: <i>Cast Away</i> (PL)</p>	<p>18</p> <p>10:00 AM Holiday Caroling w/ Goddard School (PL) 11:00 AM Baking w/ Denise: <i>Apple Crisp Cookies</i> (JP) 11:30 AM Communion (LG) 12:00 PM Afternoon Visits w/ Ashley (LG) 2:00 PM Friendly Visits w/ Ashley (LG) 2:00 PM Pet Visits w/ Tinkerbelle & Flop (All) 2:30 PM Matinee Movie: <i>We Bought a Zoo</i> (PL) 3:30 PM Afternoon Session w/ Ashley (JP) 6:00 PM Evening Music w/ Sara (JP) 6:15 PM Pick Your Own Movie (PL)</p>	<p>19</p> <p>11:00 AM Morning Fitness w/ Charo (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:30 PM Yuletide Holiday Party (JP) 2:30 PM Afternoon Concert ft.: Elaine Flynn (PL) 4:30 PM Holiday Carolers (ALL) 6:00 PM Brain Games w/ Lindsay (LG) 6:15 PM Popcorn & Movie Night: <i>RBG</i> (PL)</p>	<p>20</p> <p>10:00 AM Group Drumming w/ Sara (PL) 10:45 AM Reminiscence w/ Lindsay (JP) 11:00 AM Morning Session w/ Ashley (LG) 11:30 AM Brain Games w/ Lindsay (PL) 2:15 PM Friendly Visits w/ Ashley (LG) 3:15 PM Creative Arts w/ Ashley (HH) 3:30 PM Music & Memories w/ Sara (LG) 5:00 PM Evening Visits w/ Sara (JP) 6:15 PM Evening Movie: <i>Chasing Ice</i> (PL)</p>	<p>21</p> <p>10:00 AM Sensory Spa w/ Denise (JP) 10:00 AM Pet Visits w/ Ivy (All) 10:45 AM Dance & Movement w/ Denise (JP) 11:00 AM Music & Movement w/ Sara (LG) 11:45 AM Lunch Trip: Red Lobster *sign-up required 2:00 PM Songs for the Senses w/ Sara (JP) 3:00 PM Little Dirt Won't Hurt Gardening w/ Denise (JP) 6:00 PM Evening Music w/ Sara (LG) 6:15 PM Evening Movie: <i>The Star</i> (PL)</p>	<p>22</p> <p>11:00 AM Movement w/ Sharon (PL) 11:30 AM Morning Game w/ Denise (PL) 2:30 PM Matinee Movie: <i>The Man Who Invented Christmas</i> (PL) 3:00 PM Sensory Spa w/ Denise (JP) 6:15 PM Evening Concert ft.: Hector Munoz (JP) 6:15 PM Evening Movie: <i>National Treasure 2</i> (PL)</p>
<p>23</p> <p>10:00 AM Morning Music w/ Sara (JP) 11:00 AM Sunday Worship w/ Sara & Richard (LG) 11:45 AM Sunday Brunch (Bistro) 2:00 PM Pokeno w/ Denise (HH) 3:15 PM Friendly Visits w/ Sara (LG) 4:00 PM Songs for the Senses w/ Sara (JP) 5:30 PM Evening Music w/ Sara (LG)</p>	<p>CHRISTMAS EVE 24</p> <p>11:00 AM Music & Movement w/ Sara (LG) 11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Crossword Puzzle Challenge w/ Lindsay (PL) 2:30 PM Lessons & Carols Service ft.: Rockcreek Brass (PL) 4:00 PM Sensory Spa w/ Lindsay (JP) 6:00 PM Christmas Music w/ Sara (JP) 6:15 PM Monday Movie: <i>White Christmas</i> (PL)</p>	<p>CHRISTMAS DAY 25</p> <p>11:00 AM Christmas Music w/ Sara (LG) 11:00 AM Morning Fitness w/ Sharon (PL) 11:45 AM Seated Christmas Lunch (Bistro)*sign-up required 2:00 PM Afternoon Concert ft.: Zhenya Zianouka (JP) 3:15 PM Afternoon Concert ft.: Zhenya Zianouka (PL) 4:00 PM Christmas Music w/ Sara (JP) 5:00 PM Evening Visits w/Sara (JP) 6:15 PM Christmas Movie: <i>Miracle on 34th Street</i> (PL)</p>	<p>26</p> <p>11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:30 PM Sharing Stories w/ Denise: <i>Holiday Poetry</i> (JP) 2:30 PM Werner Schumann Documentary: <i>Bioethics & Who Should Survive?</i> (PL) 3:30 PM Pokeno w/ Lindsay (HH) 3:30 PM Open Art Studio w/ Denise: <i>Snowfall Painting</i> (JP) 4:00 PM Art Therapy w/ Annie (LG) 6:00 PM Brain Games w/ Lindsay (LG) 6:15 PM Popcorn & Movie Night: <i>The Bounty Hunter</i> (PL)</p>	<p>27</p> <p>10:45 AM Dance & Movement w/ Denise (JP) 11:00 AM Morning Session w/ Ashley (LG) 11:00 AM Morning Fitness w/ Sharon (PL) 2:15 PM Friendly Visits w/ Ashley (LG) 3:00 PM Little Dirt Won't Hurt Gardening w/ Denise (JP) 3:15 PM Creative Arts w/ Ashley (HH) 6:15 PM Evening Movie: <i>This Means War</i> (PL)</p>	<p>28</p> <p>10:00 AM Sensory Spa w/ Denise (JP) 11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Crossword Puzzle Challenge w/ Lindsay (PL) 1:30 PM Pet Visits w/ Mila (LG) 2:00 PM Green Thumbs w/ Lindsay (HH) 3:30 PM Shabbat Visits w/ Denise (LG) 4:00 PM Creative Arts w/ Lindsay (LG) 6:15 PM Evening Biography: <i>Saturday Night Live</i> (PL)</p>	<p>29</p> <p>10:00 AM Movement Fitness w/ Sharon (LG) 10:30 AM Green Thumbs w/ Lindsay (LG) 11:00 AM Movement w/ Sharon (PL) 11:30 AM Morning Game w/ Lindsay (PL) 2:30 PM Matinee Movie: <i>Mama Mia, Here We Go Again</i> (PL) 3:00 PM Sensory Spa w/ Lindsay (JP)</p>
<p>30</p> <p>11:00 AM Wii Games w/ Lindsay (PL) 11:45 AM Sunday Brunch (Bistro) 2:00 PM Ted Talks w/ Lindsay (PL) 3:00 PM Manicures w/ Lindsay (JP)</p>	<p>NEW YEAR'S EVE 31</p> <p>10:00 AM New Year's Eve Dance w/ Denise (JP) 11:00 AM Morning Fitness w/ Sharon (PL) 11:30 AM Crossword Puzzle w/ Denise (PL) 2:00 PM Open Art Studio: <i>Party Favors</i> (JP) 3:30 PM Manicures w/ Denise (HH) 6:15 PM New Year's Eve Concert ft.: Mark Hanek (PL)</p>					

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