



March 2, 2021

Dear IKF Residents and Staff Members:

This coming Friday and Saturday will mark two weeks since 98% of our IL resident community received the Covid-19 Pfizer vaccine. We are looking to the future with optimism, while remaining cautious and systematic in our re-opening process.

The CDC reports that studies show that COVID-19 vaccines are effective at protecting you from transmitting the COVID-19 virus. Experts also believe that getting a COVID-19 vaccine may help you from getting seriously ill even if you do get COVID-19. **Even after you get vaccinated, it's important to continue following the safest protocols available to eliminate the spread of this pandemic.** We are eager to learn more about the longevity of the COVID-19 vaccines.

If you are vaccinated against COVID-19, you may still be exposed to the virus that causes COVID-19. After exposure, people can be infected with or “carry” the virus that causes COVID-19 but not feel sick or have any symptoms. Experts call this “asymptomatic infection.” Furthermore, scientists are working to learn about new variants of the virus. More studies are needed to understand how new variants may affect the effectiveness of existing COVID-19 vaccines. To learn more visit <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/keythingstoknow.html>

Therefore, it's important to remember that life at IKF will not go back to normal right away. We must still practice social distancing, frequent hand washing, proper mask wearing, avoiding crowded indoor spaces, avoiding poorly ventilated areas, routinely cleaning and disinfecting frequently touched areas, and staying home if you are feeling sick.

In the coming weeks, IKF leadership is looking to re-open more programs in accordance with CDC, county, and MDH guidelines. Members of the IKF leadership team have partnered with a group of residents to discuss the prioritization of opening plans and we look forward to sharing more details once they are finalized.

Welcoming Visitors in Independent Living

We are pleased to re-open visitation to our Independent Living community effective **Tuesday, March 9, 2021.**

Visitation Guidelines

- Guests who have recently traveled outside of Maryland, D.C. Virginia, West Virginia, Pennsylvania, or Delaware in the past 14 days, will be asked to show proof of a negative covid-19 test taken within 72 hours of their visit to IKF.
- If a guest is coming from outside of the six states and has received both doses of their Covid-19 vaccination, at least two weeks since their second dose (but no longer than 90 days), they may enter the building without proof of a negative covid-19 test.
- Visits must be scheduled ahead of time on the Ingleside at King Farm website by clicking on “Covid-19 Updates from IKF.”
- It’s important that your guests sign themselves up so that they can review key information regarding their visit. We will work to get the sign-up link on the website as soon as possible.
- Visiting days and hours will be **7 days weekly from 8AM to 8PM.**
- So long as your visitor exits the building by 8PM, there is no time limit on visitation.
- Two visitors are permitted to sign up to enter the building at a time. Residents may have up to two (2) guests at a time in their apartment.
- No more than forty (40) visitors are permitted to the IKF property per day.
- **All visitors must be at least 18 years old.**
- **IKF is not permitting college students who are living or studying at campuses to visit at this time.**
- Visits may take place in both IL apartments and/or in our exterior courtyards. Additionally, if you are going outside, guests must still enter the building first and go through the COVID screening at the Accushield kiosk, put on the printed badge, and have their temperatures taken.
- Indoor lobby areas and common areas are reserved for resident use.
- Visitors, once screened, are to proceed directly to the apartment they are visiting. There will not be a staff escort to and from the apartment.
- Visitors will be required to bring and wear a new, unworn surgical or N-95 mask at all times while on campus.
- Cloth masks may not be worn.
- If residents are on self-quarantine or self-isolation, visitors will not be permitted at that time and will be asked to reschedule their visit.
- If visitors do not pass the COVID-19 screening questions or have a temperature of 100.4 degrees or more, they will be denied access to the community and asked to reschedule their visit.
- All visitors must wear their Accushield badge, at all times, while on campus.
- All visitors are required to comply with social distancing guidelines and maintain a minimum of 6-ft space between the person they are visiting and all other IL residents in the community.

- All items brought to a resident, other than edible food and medications, must first be disinfected.
- All visitors are required to conclude their visit by 8PM and check out of the community via the Accushield Kiosk located at the concierge desk
- Visitors are not permitted to stay overnight.

We look forward to opening more services in the coming weeks and will continue to re-open in alignment with our county statistics. We cannot thank you enough for working together to help flatten the curve these past few months. By wearing your masks, social distancing, getting your vaccination, and making responsible choices each day, you are helping us to slowly re-open the IKF community. If you have questions, please reach out the IKF Covid-19 Hotline at (240)-499-0477 or ikfhotline@inglesideonline.org.

Kind regards,

Michelle F. Kraus

Executive Director

Kate Kavitski

Independent Living Administrator