

May 31, 2020

Dear Ingleside at King Farm Residents,

We hope that everyone is enjoying their weekend and faring well. It truly saddens us that we are still unable to meet in the common areas of our beautiful campus, dine together, congregate as groups and smile at each other without masks; even though we can clearly see your cheerful eyes.

As we receive further guidance from the Governor of Maryland and County Executive, we look forward to re-opening at IKF. Our plan is to re-open slowly, strategically and execute programing in stages that align with our local jurisdiction. We are aware that many are eager to restore resident services and engagement opportunities. This ledge notice serves as an overview of the initial plans for Stage One of the roadmap to recovery. We kindly request your patience as we implement and adjust our plans as needed to open responsibly.

Updates from Marc Elrich, Montgomery County Executive

On 5.28.2020, County Executive Marc Elrich stated that Montgomery County will transition from our current 'stay-at-home order' to a 'safer-at-home order' effective Monday, June 1, 2020.

The lessening of restrictions include:

- Restaurants and bars opening with limited outdoor dining, delivery and curbside pickup. Select streets may be closed to accommodate outdoor seating.
- Retailers will be able to start accepting orders in advance and filling them with curbside service.
- Barbershops and hair salons will be open for select hair services; no manicure and pedicure services will be open at this time.
- Car washes are open for external cleaning only
- Houses of worship are open for outdoor services
- Outdoor recreation is open with restrictions: camping, horseback riding, golfing, archery, shooting ranges, marinas

What does this means for IKF?

While the guidance from state officials is moving very quickly in re-opening the economy, these actions unfortunately do not stop the spread of the COVID-19 virus or



protect the most vulnerable population of older adults and the individuals residing in our senior community.

Below are services that IKF intends to re-open during stage-one with ongoing restrictions. Leadership will alert the community this upcoming week when schedules begin.

Stage One Re-opening:

- Exterior Courtyards
 - Furniture will be placed in accordance with social distancing criteria
- Select Wellness Center and Vendor Services
 - We will list the physician specialist/services that are returning to campus in weekly Insider and over the next few weeks
- Select Salon Services
 - Our Life Enrichment Team is preparing the protocols in partnership with Senior Salon Services. We will initiate service no later than June 8, 2020. More details forthcoming
- Continuation of Marketing Tours
 - Prospective Residents began touring last week in compliance with our safety guidelines
- Move-ins
 - Non-critical move-ins to Gardenside will begin in the latter part of June and throughout the Summer months
- Move-outs
 - Policy compliance to move furniture out of unoccupied apartments
- Furniture Delivery
 - Please contact Beth Benswanger, IKF's transitions coordinator
- Internal and External Construction
 - IKF will continue to comply with our COVID-19 policy
 - Ongoing Sterilization will occur at the end of each day
- Select Outdoor Life Enrichment & Volunteer Programs/Committees
 - Program planning is in process. Dates and times are weather dependent
- Outdoor Chaplain Visits and 1:1 resident visits
- Housekeeping services will resume on a modified schedule
 - Will initiate the week on June 8, 2020; schedule and plans to follow
- Monthly Virtual Coffee and Chats
- Monthly Virtual Dining and Property Management Forums



Director's Dialogue

The IKF Senior Leadership will be hosting a Director's Dialogue on June 11, 2020, at 2:00 pm via Zoom. Communication to join will be available via ledge notices, the Weekly Insider, the Good Morning Ingleside Show and the Resident Portal.

Self-Quarantine for 14 days

Maryland has lifted its travel restrictions on domestic travel. Therefore, if you travel overnight or go on vacation in the United States, **you will not need to self-isolate upon your return.**

You will still be asked to Self-Quarantine for 14 days if:

- You are diagnosed with COVID-19
- You are person under investigation for COVID-19
- You have a medical procedure.
 - These medical procedures that require self-quarantine are invasive procedures that take place in the hospital, surgical center, a physician's office or outpatient center. Examples may include outpatient dialysis services, endoscopes, certain dental procedures, etc.
 - Please call Luwana Cameron, Wellness Director, at 240-499-9048, should you have any questions about medical procedures
- You have been to the hospital or ER
- You have permitted non-essential visitors to your apartment

The IKF employees care about you, your families and your livelihood. You are not alone and we are triumphing through the pandemic experience together. Thank you for your continued feedback, questions and partnership. We are #IKFSTRONG!

Should you have any additional questions, please call the IKF COVID-19 Hotline at (240)-499-0477, or email ikfhotline@inglesideonline.org

Warmest wishes,

Michelle Kraus

Michelle Kraus
Executive Director

Kate Kavitski

Kate Kavitski
Independent Living Administrator

